

Rotaract Clubs de Beyrouth

2020-2021 Year Review

Handing Over Ceremony

- **Avenue of Service:** Joint Club Service with Rotaract Clubs de Beyrouth, USJ and Millenium in the presence of our Rotary Club Partner - The Rotary Club of de Beyrouth.
- **Status:** Completed
- **Description:** Brunch at Al Mandaloun Café Dbayeh during which positions were handed between past and current presidents, board and heads of committees, in the presence of many Rotaractors and friends.
- **Source of Funding:** Self-funded.



“Food Drive”

Rotaract Clubs of Lebanon



Support after Beirut Port explosion

Rotaract Clubs of Lebanon



“Fight the Hunger” with Rotary Beirut Cedars

- Avenue of Service: Community Service Project.
- Status: Completed.
- Description: Distribution of Food Boxes on behalf of the Rotary Club of Beirut Cedars.
- Source of Funding: Rotary Beirut Cedars.



Rotaract Club de Beyrouth

2020-2021 Year Review

Rotaract

Lebanon - District 2452



Club de
Beyrouth

Board of Directors



Nadine Abi Akar
President



Elie Bassil
Vice-President



Zina Yassine
Secretary



Sarah Rifai
Treasurer



Mohammed Sabbagh
Immediate Past President

Club Statistics

Active Members	18
Active guests	7
20/21 Club Meetings	14
20/21 Board Meetings	4 with ongoing follow ups
Attendance Percentage	75%
Female to male ratio	1:1



Community Projects

Projects 20/21

Medicine for elderly with DAFA

- Avenue of Service: Community
- Status: In Process
- Description: The RAC de Beyrouth collaborated with Club Aley and Melbourne to raise funds to cover medication costs for the Elderly in Beirut who were mostly in need after the Beirut Explosion.
- Source of Funding: No funding required



USD 7,000 District Grant with Rotary Germany for Karantina Hospital

- Avenue of Service: **Community**
- Status: **In Process**
- Description: Global grant collaboration with Rotary Club in Germany supporting Karantina Hospital with Chemotherapy machine worth USD 7000
- Source of Funding: **District Grant**



Projects 20/21

USD 20,000 Clothes Distribution with Fabricaid and Levis Jeans

- Avenue of Service: Community
- Status: In Process
- Description: Distribution of Levis clothing items to the underprivileged community in Lebanon
- Source of Funding: No funding required



Projects 20/21

Li Beirut De Beyrouth Fundraiser

- Avenue of Service: **Community**
- Status: **Completed**
- Description: The RAC de Beyrouth collaborated with Call For Humanity to design and sell 40 Lebanese jugs made from recycled glass generated from the Beirut explosion
- Source of Funding: **Jug purchasing fees**




لبيروت
DE BEYROUTH

Delivered directly
to the location of
your choice

Link in bio to
order your jug
and choose its
design for
USD 25,000 only

TO
BEAUTIFUL ART

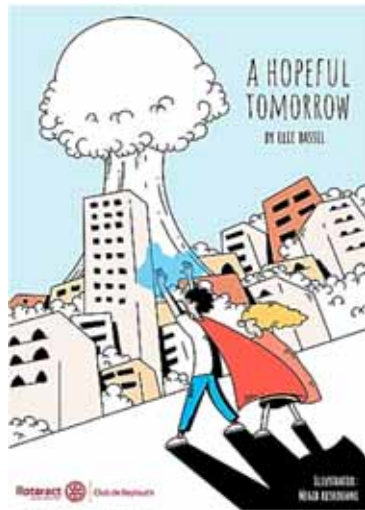
For more information
contact:
2152000152
or visit our
website: www.rotaract.org

Rotaract
Lebanon - District 2152

Club de Beyrouth in collaboration with A Call For Humanity

"A Hopeful Tomorrow" Children's Book to overcome Blast trauma

- Avenue of Service: **Community**
- Status: **In Process**
- Description: Club memberes scripted and designed a children's book to be sold and distributed regionally to raise awareness and funds to support an NGO for disabled youth.
- Source of Funding: **Book purchases**





PD Projects

Projects 20/21

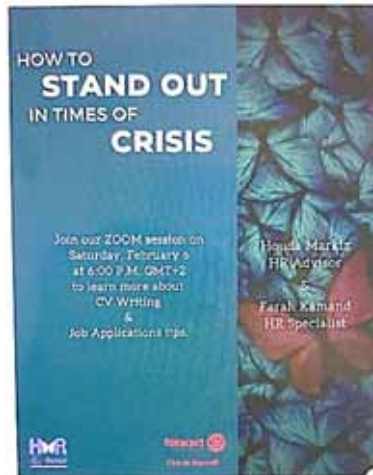
The Rotaract Experience | A Perspective from Past DRRS

- Avenue of Service: Professional Development
- Status: Completed
- Description: A discussion with Past DRR Emile J. Moawad and Jean Marc Adeimi with a deep dive into:
 - Rotaract's impact on personal and professional life
 - What makes a club a successful one
 - How to seize maximum opportunity of Rotaract in a crisis
- Source of Funding: No funding required



Stand out in times of crisis

- Avenue of Service: **Professional Development**
- Status: **Completed**
- Description: How to write a CV and prepare for an interview!
- Source of Funding: **No funding required**



Legal For Entrepreneurs: Growing from an idea to a company

- Avenue of Service: **Professional Development**
- Status: **Completed**
- Description: In collaboration with Digital firm Lexyom and deep dive into:
 - Basic legal and business concepts to implement in business
 - How to pitch idea to investors
 - How to setup a company, startup contracts, IP, etc.
- Source of Funding: **No funding required**



Social Awareness and Management at Work

- Avenue of Service: **Professional Development**
- Status: **Completed**
- Description: Office politics, ethics and how to manage your surroundings at work.
- Source of Funding: **No funding required**



Women's role in the Lebanese economy

- Avenue of Service: Professional Development
- Status: Completed
- Description: We had an amazing session with a prominent professional economist. We had more than 70 attendees!
- Source of Funding: No funding required



Rotaract Club de Beyrouth

WOMEN'S ROLE IN THE LEBANESE ECONOMY

How prominent is a woman's role in the Lebanese economy?
What are the business sectors women have just been to overcome them?
What may be the next step of a Lebanese woman in the industry?
How can Lebanese women create a change within the economy?

لماذا دور المرأة في الاقتصاد؟
ما هي القطاعات التي تمكنت المرأة من التغلب عليها وكيف يمكن التغلب عليها؟
ما هي الخطوة التالية للمرأة اللبنانية في الصناعة؟
كيف تستطيع المرأة اللبنانية أن تحدث تغييراً في الاقتصاد؟



With Davidine Marton
Founder of 3 Over Business

MARCH 12 • 7 PM
INSTAGRAM LIVE



Club service Projects

Club Adventurous Hike

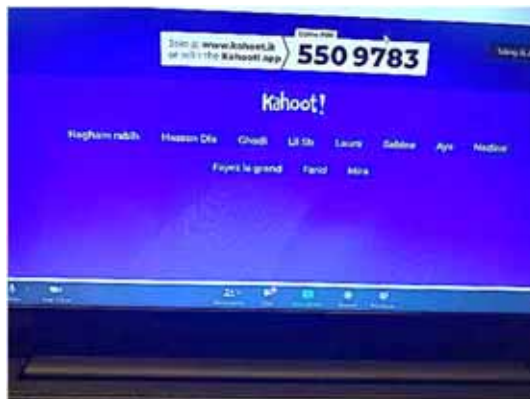
- Avenue of Service: **Club**
- Status: **Completed**
- Description: Club service hike to “Wadih El Saleeb” with an attendance from other clubs
- Source of Funding: **Adventure fees**



Projects 20/21

E-Trivia Night and 2.0

- Avenue of Service: **Club**
- Status: **Completed**
- Description: Club service E-trivia night with the club members with a prize to the winner
- Source of Funding: **No funding required**



Projects 20/21

Valentine e-cards

- Avenue of Service: **Club**
- Status: **Completed**
- Description: Club service Valentine E-cards were distributed anonymously on all clubs of Lebanon and it went international with more than **360 cards** distributed online.
- Source of Funding: No funding required





International Projects

Light For Hope Global Campaign

- Avenue of Service: International
- Status: Completed
- Description: International video campaign launched to promote World Peace Day and received over 107,941 impressions; 70,424 people reached 11,000 views. "We are the world."
- Source of Funding: No funding required



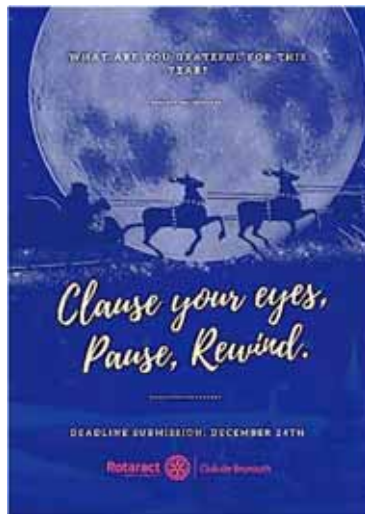
Tourist spot in Lebanon

- Avenue of Service: International
- Status: Completed
- Description: A cultural initiative by the Rotaract Club of New Bombay where we shared virtually, through photos and interesting facts a very famous tourist sport in Lebanon, the Jeita Grotto. The book was distributed virtually and included over 64 tourist spots from 40 different countries.
- Source of Funding: No funding required



Clause your eyes, Pause and Rewind

- Avenue of Service: International
- Status: Completed
- Description: Right before the new year of 2021, the Rotaract Club of Beyrouth decided to ask members of clubs from all over the world what they are grateful for in the form of a video campaign.
- Source of Funding: No funding required



“Thank you” video for healthcare workers

- Avenue of Service: **International**
- Status: **Completed**
- Description: Rotaract Club de Beyrouth participated with its twin club, Rotaract Club of Achievers Lanka Business School - Sri Lanka, in creating a video to thank our healthcare workers.
- Source of Funding: **No funding required**



Twinning agreement + Kahoot cultural night

- Avenue of Service: International
- Status: Completed
- Description: A very enriching, fun and cultural introductory meeting and game with a very newly established club in Tunisia, Rotaract Club of Afra Tunisia. Both clubs prepared a Kahoot game about their country.
- Source of Funding: No funding required



Local, internationally - e-book

- Avenue of Service: **International**
- Status: **Completed**
- Description: 6 clubs from 6 different districts. On the occasion of International Women's day 2021, the Rotaract Club de Beyrouth decided to support small local businesses ran by women
- Source of Funding: **No funding required**







Rotaract
Lebanon - District 2452



Club de
Beyrouth



Incoming board members



Zina Yassine
President



Bassel Tammim
Vice-President



Mira Machmouchi
Secretary



Mohammad Sabbagh
Advisor



Naim Teyrouz
Treasurer



Nadine Abi Akar
Immediate Past President



Elie Bassil
SAA

Rotary/ Rotaract Relationship

- We remain committed and close to our dear Rotary De Beyrouth who continuously extend their advice to us across all avenues of service
- We are grateful for their constant support and we aim to have more live meetings as the COVID-19 subsides

Rotaract
Lebanon - District 2452



Club de
Beyrouth

Rotaract Club de Beyrouth - USJ

2020-2021 Year Review

Rotaract
Lebanon - District 2452



Club de
Beyrouth USJ



Ghia Haddad
President



Sami Abi Farrj
Vice-President



Mira Nour Salameh
Secretary



Ahmad Saed
Treasurer



Dana Theresa Alam
Immediate Past President

Club Statistics

Active Members	18
Active guests	15
20/21 Club Meetings	18
20/21 Board Meetings	9
Attendance Percentage	65%
Female to male ratio	66%

Community Service and finance committee projects

Bracelets selling

- **Avenue of Service**: Community Service
- **Status**: Completed
- **Description**: We sold bracelets in order to encourage a small business “happy pearls lebanon” and buy food boxes with the money collected.
- **Source of Funding**: Selling bracelets



School cleanup

- **Avenue of Service**: Community Service
- **Status**: Completed
- **Description**: Helped cleaning a public school that was devastated after the explosion next to Geitawi Hospital



Food box distribution- Post explosion

- **Avenue of Service**: Community Service
- **Status**: Completed
- **Description**: We helped IML Unesco organizing a food distribution in Gemmayze and Mar Mikhael
- **Source of Funding**: Unesco



Food box distribution - Christmas

- **Avenue of Service**: Community Service
- **Status**: Completed
- **Description**: We helped Lebanon Grassroots NGO in distributing food boxes in Mar Mikhael
- **Source of Funding**: Rotaract Bahrein



Haircut donation

- **Avenue of Service**: Community Service
- **Status**: Completed
- **Description**: We helped Lebanon Barbara Nassar association by giving hair donations that were cut in campus by Fadia el Mendelek staff
- **Source of Funding**: Not needed



Back to school aid drive

- **Avenue of Service**: Community Service
- **Status**: In progress
- **Description**: We will help vulnerable children going to school next year by providing them with school supplies.
- **Source of Funding**: Donations



Mothers ' day and encouraging a small business

- **Avenue of Service**: Community Service
- **Status**: In progress
- **Description**: We will deliver flowers to moms in HDG
- **Source of Funding** donations



Raise funds for students

- **Avenue of Service**: Community Service
- **Status**: In progress
- **Description**: Crowdfunding with Boston college for USJ students. This is part of a bigger project for USJ to help students durably
- **Source of Funding** Crowdfunding, revenue in dollars



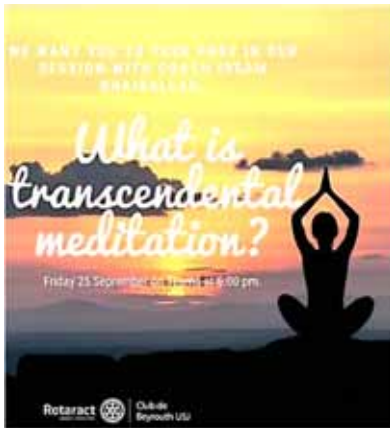
Professional development projects

Public speaking and general knowledge internal sessions

- **Avenue of Service**: Professional development
- **Status**: Completed
- **Description**: Someone prepared a subject to enhance the knowledge about others and train in public speaking skills, and at the end we prepare a debate or discussion
- In process: Psychology students are jointly working on a session that will be corrected by the head of department. Small presentation tomorrow as well.



Well being sessions



- **Avenue of Service:** Professional development
- **Status:** Completed
- **Description:** we defined Transcendental meditation and how it helps to release stress and negative emotions. then we did a session about well being with Psy Karim Khalil.

Professional skills sessions



- **Avenue of Service:** Professional development
- **Status:** Completed
- **Description:** We did two marketing related sessions in order to enhance our knowledge on marketing and the effect of AI on it

Chill sessions



- **Avenue of Service:** Professional development
- **Status:** Completed
- **Description:** Doodle your stress away and stay fit! Knowledge about well being is very important as well!

Soft skills and general culture sessions

- **Avenue of Service**: Professional development
- **Status**: In progress
- **Description**:
 - 1) How to keep a good communication during Covid-19 and remote work? Joint session RAC de Beyrouth & RAC de Beyrouth- USJ with a potential USJ doctor as a speaker.
 - 2) How to develop creative thinking? Dr Roula Chehab from USJ

International projects

Game night and videos

- **Avenue of Service:**
Community Service
- **Status:** Completed
- **Description:**
 - 1) Rotaractors from all around the world were giving protection tips for Corona
 - 2) A video for Beirut including internationalists
 - 3) A 40 pages magazine about Lebanon in collaboration with clubs from India
 - 4) Jumanji Quiz night : Many levels that represent a country each.



Corona awareness video

- **Avenue of Service**: Community Service
- **Status**: In progress
- **Description**:
 - 1) CooKaract: Let's learn how to cook international dishes
 - 2) Joint meeting with a Rotaract club in Venezuela
 - 3) Culture exchange program Joint with Rotaract Central Roha India and Rotaract club of Saida
 - 4) Incoming project to get to know different countries with Rotaract Baabda and many Rotaract clubs



Club service committee

Internal game nights

- **Avenue of Service:** Club service
- **Status:** Completed
- **Description:** Riddles, questions about each other and other online games we can play all together.



Trivia night

- **Avenue of Service**: Club service
- **Status**: Completed
- **Description**: Fun questions to enhance our general knowledge



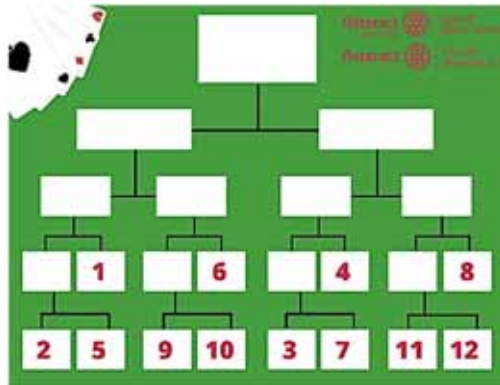
Online matchmaking between USJ students

- **Avenue of Service**: Club service
- **Status**: Completed
- **Description**: Online dating to feel less lonely on valentine



Tarnib night with Rotaract Beirut Center

- **Avenue of Service:** Club service
- **Status:** Completed
- **Description:** Tarnib tournament opposing teams from the 2 different clubs



Tarnib night with Rotaract Beirut Center

- **Avenue of Service**: Club service
- **Status**: Inprogress
- **Description**:
 - 1) Online games and challenges with Rotaract BAU
 - 1) Project with Sahel Maten
 - 1) Internal activity

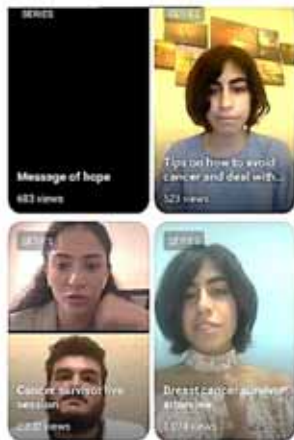
Social media committee

Social media Schedule

- **Avenue of Service**: Club service
- **Status**: Completed
- **Description**:
 - Monday facts or memes
 - Tuesday appreciation
 - Wednesday Help day
 - Thursday and weekends teasers and events
 - Friday Quotes

Series for cancer awareness month

- **Avenue of Service**: Club service
- **Status**: Completed
- **Description**: Cancer survivors shared their life changing experiences to help cancer fighter during their journey



Events and challenges

- **Avenue of Service**: Club service
- **Status**: Completed
- **Description**:
 - Snow pictures about Lebanon
 - Fellowship cards
 - Internal quotes sharing
 - AND MANY MORE



Rotaract Club de Beyrouth Millenium

2020-2021 Year Review

Rotaract
Lebanon - District 2452



Club de
Beyrouth
Millenium

Board of Directors



Mayssa Abboud
President



Nazih Jabr
Vice-President



Line Zaylaa
Secretary



Mohamad El Hussein
Treasurer



Norma Abi Karam
Immediate Past President



Sandrine Jarmak
Sergeant-at-arms

Club Statistics

Active Members	14
Active guests	1
20/21 Club Meetings	13
20/21 Board Meetings	4
Attendance Percentage	70%
Female to male ratio	50%

Community Service Projects

Period Poverty Awareness Campaign

- **Avenue of Service**: Community Service
- **Status**: Completed
- **Description**: Women hygiene kits were collected and distributed to women in need and to fight period poverty crisis that affected most of Lebanese women because of the Lebanese economical crisis and especially after the Beirut port explosion . Hygiene kits included pads, panty liners and intimate wipes. 500 women benefited for 2 months. This project was executed in collaboration with “Dawrati” – Lebanese initiative.
- **Source of Funding**: Donation





Collecte de Jouets

- **Avenue of Service**: Community Service in collaboration with Rotaract Club of Baabda
- **Status**: Completed
- **Description**: Our Christmas project consisted of collecting pre-owned and used gifts of all kinds in order to distribute it to people in need.
- Distribution was made in the area of Hadath-Baabda with the help of Saydet Naja Church.
- **Source of Funding**: Donation.



A+ Initiative Project

- **Avenue of Service**: Community Service in collaboration with NGO “A+ initiative”.
- **Status**: In progress.
- **Description**: In support of A+ initiative and to fight hunger in Lebanon, our club is currently collecting funds and listed ingredients to donate to A+ initiative which provides people in need with daily food portions.
- **Source of Funding**: Donation.



Rotaract



Club de
Beyrouth
Millennium



Rotaract



Club de
Beyrouth
Millennium

Vegetable Plant boxes V.2

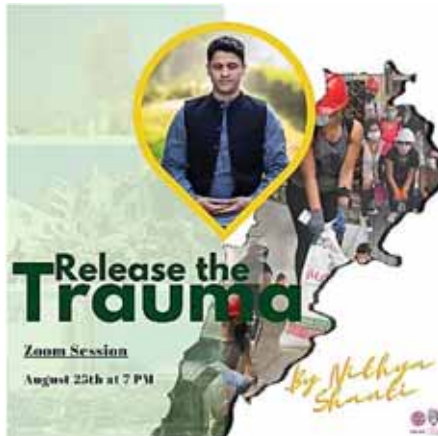
- **Avenue of Service:** Community Service in collaboration with Rotaract Club of Beirut Center.
- **Status:** In progress.
- **Description:** This project consists of buying vegetable plant boxes and distribute them to families in need to help them save money and be self-sufficient for essential food.
- **Source of Funding:** Donation



Professional Development Projects

Release the Trauma – by Nithya Shanti

- **Avenue of Service:** Professional Development Session
- **Status:** Completed
- **Description:** After the Beirut Por Explosion on August 4, 2020, *Nithya Shanti*, a Indian life and happiness coach and past Buddhist monk offered his valuable services to help Lebanese youth heal their hearts and release the trauma, through a spiritual session held over Zoom on August 25th, 2020.
- **Source of Funding:** The session was free of charge.



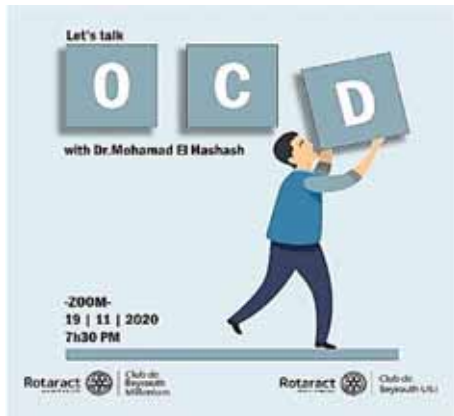
“Lebanese Youth Exasperation”

- **Avenue of Service:** Professional Development Session in collaboration with LAMSA Lebanon.
- **Status:** Completed.
- **Description:** On the occasion of World Mental Health day, a live talk was held on October 10, 2020 on Instagram platform, to discuss how Lebanese youth can fight their mental uncertainty within the current situation in Lebanon.
- **Source of Funding:** Not Applicable.



“Let’s Fight OCD” with Dr. Mohamad El Hashash

- **Avenue of Service:** Professional Development Session jointly with Rotaract Club of De Beyrouth USJ.
- **Status:** Completed.
- **Description:** A zoom Session was held to raise awareness about OCD – Obsessive Compulsive Disorder, its real definition and aspects especially with the Covid-19 pandemic.
- **Source of Funding:** Not Applicable. The session was free of charge.



The Covid19 Vaccine

-Dr. Joshua Sharfstein-

- **Avenue of Service:** Professional Development Session
- **Status:** Completed.
- **Description:** With the start of the vaccination campaign, we hosted Dr. Joshua in his position as Vice Dean of the John Hopkins Bloomberg School of Public Health for a 45 minutes interview about the Pfizer vaccine.
More than 100 participants attended the session.
- **Source of Funding:** Not Applicable.



-Doodle Your Stress Away -

- **Avenue of Service:** Professional Development (PD) and Club Service jointly with Rotaract clubs de Beyrouth USJ and AUB.
- **Status:** Completed.
- **Description:** Our club held a joint PD and Club Service event to release our stress and learn more about doodling and creating patterns.
- **Source of Funding:** Not Applicable.
The live talks are free of charge.



-Millenium Talks-

- **Avenue of Service:** Professional Development and Public Relation.
- **Status:** In progress.
- **Description:** Our club is currently holding live talks on Instagram on a regular basis, to spread knowledge about any type or trendy topic and keeping our followers updated on every day. Every podcast is being saved and uploaded on our IGTV's section on Instagram and Facebook page.
- **Source of Funding:** Not Applicable.
The live talks are free of charge.







29TH
JAN
8PM

LIVE WITH

SHAWKY AMINE EDDINE, MD.

DIRECTOR OF LEARNING AND
DEVELOPMENT

COVID19 RESPONSE
COORDINATOR

LEBANESE RED CROSS

#MILLENIUMTALKS



*John
Achear!*

3rd
March
8PM

#MILLENIUMTALKS



Let's talk

Rotaract

BOHANNAD SAHABO

WALA GHOUSSOUS

GEORGE MAROUN

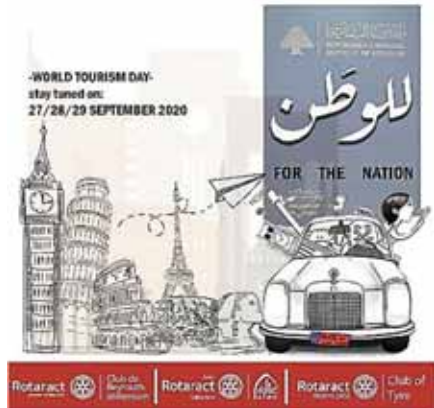
19TH
MARCH
7:30PM

LIVE ON (HETA) rotaract_Lebanum
#MILLENIUMTALKS

International Projects

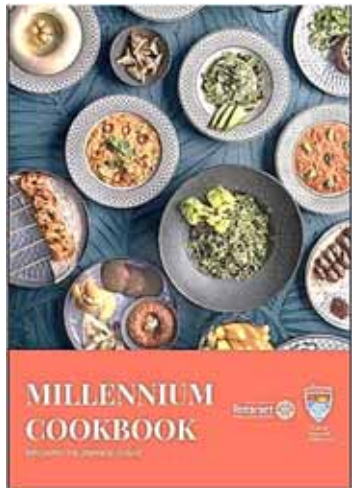
- Lil Watan - - For The Nation -

- **Avenue of Service**: International Community Service jointly with Rotaract Clubs of Aley and Tyre.
- **Status**: Completed
- **Description**: On the occasion of World Tourism Day, a virtual tour of Lebanon was posted on the club's Instagram social media platform during September 27, 28 and 29, 2020, to promote local tourism and reinforce the Lebanese heritage. In parallel, an international single virtual trip promoting worldwide tourism was made in collaboration with local and international Rotaract clubs.
- **Source of Funding**: Not Applicable.



Millenium E- Cook Book

- **Avenue of Service:** International Community Service.
- **Status:** In progress
- **Description:** Our club is in the process of publishing its e-cookbook to promote Lebanese food culture around the world and raise funds to fight hunger in Lebanon.
It will be posted on the Medshop.
- **Source of Funding:** Not Applicable.



Finance Projects

“Li Beirut” Socks

- **Avenue of Service**: Fundraising Campaign and International Community Service jointly with Rotaract club of Paris Denfert.
- **Status**: Sales completed/ Implementation of cause in progress.
- **Description**: Sales of customized “Li Beirut” socks made in Lebanon and for Lebanon.
 - ✓ Socks designed, produced and sold by Lebanese startups.
 - ✓ Money raise: 1965 \$
 - ✓ Cause: provide essential school supplies to almost 500 Lebanese students of 3 public schools in Beirut.
- **Source of Funding**: Sales in Lebanon and abroad.



Screening of a virtual Play

- **Avenue of Service**: Fundraising Campaign and Community Service project.
- **Status**: Upcoming.
- **Description**: Screening of a Lebanese play on the occasion of world health day to raise funds in support of Down syndrome education.
- **Source of Funding**: Sales of online tickets

Club Service Projects

Rotaract Love – Mega Club Service

- **Avenue of Service:** Mega Club Service
- **Status:** In progress
- **Description:** On the occasion of Valentine's day, our club held a national virtual gathering over zoom to spread love instead of Covid19.
- More than 60 rotaractors attended the event and more than 30 rooms were created enabling attendees to meet each others and develop their fellowship experience.
- **Source of Funding:** Not Applicable.



Trivia Night with RAC Kesrouan

Theme – 90s



Millenium Getaways



Millenium Getaway 1
Evasion Laqlouq in October 2021



Millenium Getaway 2 - NYE
Ehden Country Club



**Christmas dinner – Secret Santa –
Galette des Rois**



Broumana

Hiking group



Berti Hike



**Challenge yourself
Baqich to Sannine**



Chabrouh Hike

Incoming Board of Directors - RY 2021-2022



Line Zaylaa
President



Sandrine Jarmak
Vice-President



Maryse Nassif
Secretary



Norma Abi Karam
Treasurer



Mayssa Abboud
Immediate Past President



Ghina Abboud
Sergeant-at-arms

MERCI